

Winter Rugby camp

Our **Rugby action program** is a rugby coaching camp run during the holiday period, by the **action sports** team. It's a fantastic introduction for younger players and a way for the more experienced and talented players to hone their rugby skills with fantastic group coaches lead by Nick Bousie (level 2). The kids are not only trained in the essential basic skills of tackling, but are exposed to the fundamentals of game play and tactics.

What do they do at **action** rugby?

- ✓The players are put through 5 sessions per day covering ALL aspects of Junior rugby
- ✓We make sure all players are exposed to the applicable skills for their age group whilst continuing to build on the fundamentals skills of Junior rugby.
- ✓We have developed a new and very innovative coaching program for the kids just starting the contact style of game (Under 8 and under 9)
- ✓The program is always based around the **action** notion that if the kids are enjoying themselves, skill levels will be increased.

PLEASE BRING MORNING TEA AND LUNCH

Camp 1 June 29th – 30th
Camp 2 July 9th – 10th
Cost \$175 or \$90 for day pass
9:30am – 3:00pm
All ages welcome (U6 – U13)

BALMORAL OVAL, MOSMAN
www.trybooking.com/138146
contact Nick 0422327126



Name _____ Age _____ Mobile _____

email _____ team 2015 _____ school _____

As a Parent/Guardian of this student, I give my consent for him/her to participate in the action sports program and agree to the delegation of authority to the staff and/or instructors involved. This information is confidential and will only be made available to the staff and instructors on a need to know basis. I understand that it is the right of action sports to refuse my application for enrolment unless I agree to abide by its terms and conditions.

SIGNATURE _____

Please fill out and send with payment to PO BOX 360 SPIT JUNCTION, 2088



The camp will be directed by level 2 coach Nick bousie , whom has over 25 years experience coaching all levels of players from Mosman 2nd grade to 1st xv Senior Boys at leadership clinics and rugby camps throughout Sydney.